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## CLAIMS

1. A skin preparation for external use, comprising a lamellar structure containing a fatty acid monoglyceride

5 as a main component, and vitamin A or a derivative thereof.

- 2. The skin preparation for external use according to Claim 1, which comprises a lamellar structure prepared from an oil phase mixture containing the fatty acid monoglyceride and vitamin A or the derivative thereof.
- 3. The skin preparation for external use according to Claim 1, wherein vitamin A or the derivative thereof is contained within or covered with the lamellar structure composed mainly of the fatty acid monoglyceride.
- 4. The skin preparation for external use according to Claim 1, wherein the mixing ratio of the fatty acid monoglyceride to vitamin A or the derivative thereof is 2 to 100 parts by weight for the fatty acid monoglyceride per part by weight of vitamin A or the derivative thereof.
- 5. The skin preparation for external use according to any one of Claims 1 to 4, which is a cosmetic.

